

Leader Helps

Crafts & Recipes

Toothbrush Friendship Bracelets

This is a wonderful craft for older children but still requires adult supervision.

Materials:

colorful toothbrush with design
tweezers
pot of water
hot plate or stove
kitchen tongs
small jar, 5 to 7 inches in circumference, depending on wrist size
oven mitts



Steps:

- Place pot of water on a hot plate or stove burner. Bring water to a boil.
- Use tweezers to pluck out all of the bristles from the toothbrush (figure A).
- Dunk the toothbrush into the pot of boiling water using the tongs. Keep the toothbrush immersed in the boiling water for approximately one minute, or until the plastic softens (figure B).
- Remove the toothbrush from the water using the tongs. While wearing oven mitts (figure C), wrap the toothbrush around a glass jar to form the bracelet shape .
- Remove the bracelet from the jar and allow it to cool for several minutes.
- Once cooled, the bracelet is ready for wearing or for giving as a gift.



A



B



C

Carol Duvall Show : Episode CDW-103 HGTV

Surprise Soaps

Materials:

1 cup of grated Ivory soap
1/4 cup warm water
food coloring
small rubber animals or toys

Steps:

1. Mix water, soap and food coloring together in a medium bowl. Stir the mixture until it begins to thicken.
2. Remove the mixture from the bowl and knead it until it is the consistency of very thick dough.
3. Roll the dough into the shape of a ball.
4. Make a hole in the center of the ball that is big enough for the small rubber toy to fit inside.
5. Fill the hole with the treasure then seal with some extra dough.
6. Allow Surprise Soaps to dry overnight before using.



Gummi Bears

1 small box gelatin with sugar (any flavor) ♦ 7 envelopes unflavored gelatine ♦ 1/2 cup water

Mix in a saucepan until the mixture resembles play dough. Place pan over low heat and stir until melted. When completely melted, pour into plastic candy molds, and place in the freezer for 5 minutes.

Go Fishing

1/3 cup Goldfish crackers ♦ 10-12 pretzel sticks (fishing poles) ♦ 1-2 Tbs. peanut butter.

Put the peanut butter and pretzels on a plate, goldfish in a bowl or glass (paper is OK). The kids dip a fishing pole in the peanut butter and "catch" a fish with it.

Apple Smiles

Apples ♦ Miniature Marshmallows ♦ Peanut Butter

Cut apple into wedges. Take two wedges and spread peanut butter on one side. Stick mini marshmallows on the peanut butter on one of the apples. Put the other apple wedge, on top (peanut butter sticking to the marshmallows! (apples are lips and marshmallows are teeth!)

Peanut Butter Chocolate Chip Apples

Apple ♦ Peanut Butter ♦ Chocolate Chips ♦ Rice Krispies ♦ Raisins

Cut apple in half. Have kids spread peanut butter on apple half. On foil or wax paper have different piles for dripping apples in: A pile of chocolate chips, a pile of Rice Krispies and a pile of raisins. Let the kids smash the peanut butter side of apple in each pile! Sounds gross? Try them - You'll love them!

New Land Co-operative Game - All Ages

- Read out the instructions before handing out the sheets.
- Teams are handed the sheets with time to digest, then an official start made.
- Give a 15, 10, 5 minutes, ending warnings. Time over-all depends on ages in group.
- Teams do not have an adult helping member!
- Make a list of the equipment you will need. EG: pens, pencils, glue, cardboard, paper and more. Have all on hand so as teams can take what needed.
- Let each team show their work to the other teams.

The basic idea is that the teams have sailed to a New Land. Here they need to design and make decisions for their new country.

Pick out the things you want them to design or make for the time you can allot. Remember the girls age range when making the list.

After the time is finished, let each team present their work to the other teams.

Suggested ideas to draw from

- Name your country and be prepared to tell why this name especially.
- Design your flag and be able to tell it's meanings.
- Design your Coat of Arms and be able to tell it's meanings.
- Write out ten laws for your land.
- Make up a Motto for your country.
- How is your country going to make income - exporting something or what else you can think of.
- List five things banned in your country. (Not mentioned in your laws)
- Design your country's formal costume.
- Draw the money your land will use.
- Write your National Song and all can sing together for the other teams. (At least 6 lines - you can use a tune of a song you know)
- You can bring two books only from your old land. Say what two books and why you chose them.

You could add things such as government for older girls.

<http://www.trefoilnet.net/skills/leader/newland/newland1.htm>